

Metros Marathon Week – 24th-28th June 2016

Name	Friday	Saturday	Total	Sunday	Total	Monday	Total	Tuesday	Total	Position
Nigel Rackham	0:41:08	0:15:52	0:57:00	0:39:12	1:36:12	0:16:45	1:52:57	0:46:53	2:39:50	1st
Pete Rees	0:46:54	0:16:53	1:03:47	0:42:39	1:46:26	0:19:10	2:05:36	0:52:31	2:58:07	2nd
Matthew Rackham	0:44:44	0:17:48	1:02:32	0:44:52	1:47:24	0:19:21	2:06:45	0:53:03	2:59:48	3rd
Brett Rafferty	0:51:49	0:17:48	1:09:37	0:48:06	1:57:43	0:19:32	2:17:15	0:57:49	3:15:04	4th
Sasha Birkin	0:49:41	0:18:15	1:07:56	0:47:35	1:55:31	0:19:21	2:14:52	1:04:52	3:19:44	1st Lady
Steve Paull	0:51:07	0:19:00	1:10:07	0:50:36	2:00:43	0:21:05	2:21:48	0:59:58	3:21:46	5th
Russ Hewlett	0:52:09	0:20:12	1:12:21	0:49:17	2:01:38	0:21:02	2:22:40	0:59:16	3:21:56	6th
Mike Morris	0:55:52	0:19:38	1:15:30	0:50:48	2:06:18	0:20:48	2:27:06	0:59:17	3:26:23	7th
Simon Abery	0:52:04	0:20:45	1:12:49	0:51:23	2:04:12	0:23:26	2:27:38	1:01:21	3:28:59	8th
Adam Leary	0:54:10	0:20:54	1:15:04	0:52:24	2:07:28	0:22:28	2:29:56	1:01:11	3:31:07	9th
Caroline Day-Lewis	0:53:13	0:21:26	1:14:39	0:54:48	2:09:27	0:23:58	2:33:25	1:05:50	3:39:15	2nd Lady
John Gorton	0:58:02	0:22:09	1:20:11	0:54:49	2:15:00	0:23:57	2:38:57	1:05:19	3:44:16	10th
Tian Hollingshead	1:03:19	0:21:37	1:24:56	0:54:47	2:19:43	0:22:52	2:42:35	1:07:12	3:49:47	11th
Jim Buckland	1:03:10	0:23:12	1:26:22	0:59:42	2:26:04	0:25:11	2:51:15	1:10:33	4:01:48	12th
Barry Nolan	1:02:56	0:22:48	1:25:44	1:04:49	2:30:33	0:24:51	2:55:24	1:12:16	4:07:40	13th
Leah Buckland	1:03:47	0:23:14	1:27:01	1:04:45	2:31:46	0:25:29	2:57:15	1:10:33	4:07:48	3rd Lady
Pauline Bishop	1:03:24	0:23:43	1:27:07	1:04:49	2:31:56	0:26:13	2:58:09	1:12:16	4:10:25	4th Lady
Jane Hudson	1:06:27	0:24:53	1:31:20	1:05:14	2:36:34	0:26:31	3:03:05	1:16:33	4:19:38	5th Lady
Ruth Tidder	1:06:27	0:25:21	1:31:48	1:05:14	2:37:02	0:26:53	3:03:55	1:16:33	4:20:28	6th Lady
Emma Rackham	1:09:33	0:25:20	1:34:53	1:07:14	2:42:07	0:27:00	3:09:07	1:16:33	4:25:40	7th Lady
Judy Rackham	1:07:19	0:26:53	1:34:12	1:07:13	2:41:25	0:27:40	3:09:05	1:17:19	4:26:24	8th Lady
Dave Brown	1:07:12	0:26:55	1:34:07	1:09:37	2:43:44	0:29:15	3:12:59	1:20:10	4:33:09	14th
Kath Donaldson	1:17:56	0:28:35	1:46:31	1:17:57	3:04:28	0:30:33	3:35:01	1:30:56	5:05:57	9th Lady
Trish Hewlett	1:31:33	0:30:21	2:01:54	1:18:01	3:19:55	0:31:15	3:51:10	1:35:20	5:26:30	10th Lady
Penny Hudson	1:24:36	0:30:26	1:55:02	1:30:42	3:25:44	0:31:16	3:57:00	1:39:45	5:36:45	11th Lady
Anne Ambrose	1:24:13	0:33:22	1:57:35	1:30:42	3:28:17	0:36:13	4:04:30	1:43:33	5:48:03	12th Lady
Raquel Ponte	1:36:19	0:34:31	2:10:50	1:29:57	3:40:47	0:37:34	4:18:21	1:40:39	5:59:00	13th Lady
Linda Gaitskell	1:36:19	0:32:26	2:08:45	1:55:42	4:04:27	0:36:13	4:40:40	1:47:16	6:27:56	14 th Lady
Marion Rogan	1:11:59	0:27:17		1:17:57		0:28:21				
Angela Murphy	1:36:19	0:32:26		1:55:42						
Mitesh Patel		0:17:32				0:20:48				
Bernie Conway		0:23:28		1:00:00						
Kyie Hollingshead		0:23:46				0:22:52				

Anne Nola		0:23:53		1:00:08					
Matteo Nola		0:24:14							
Geraldine Gill		0:29:10		1:18:25					
Juliette Nola		0:24:59							
John Norris				0:47:36	0:20:18				
Julia Allen					0:26:57				
Donna Warren								1:04:09	
Peter Jose								1:12:19	

