

Harrow Hill 10K

Sunday 14 February 2016. 10:30 am

Race				Race	Category	
Position	Time	Name	Team	Category	Position	Entrant No
1	0:36:59	ELLIS, Jon	Ealing, Southall & Middlesex	MSEN	1	132
2	0:38:02	LEMOINE, Piers		MSEN	2	167
3	0:38:39	RAVENHALL, George		MSEN	3	209
4	0:39:11	WATSON, Kevin	Metros	MSEN	4	41
5	0:39:20	FETHERSTON, Rick		M40	1	135
6	0:39:33	ANTCLIFFE, Emily	Harrow	F35	1	45
7	0:39:39	ELDERFIELD, Adam	Hillingdon Triathletes	MSEN	5	130
8	0:39:43	ASHE, Lucy	Metros	FSEN	1	2
9	0:40:01	THORNTON, Maldwyn	Horsham Joggers	MSEN	6	223
10	0:40:18	WARREN, Gary	St Albans Striders	M40	2	234
11	0:40:21	NORRIS, Stephen	Thames Valley	M40	3	189
12	0:41:03	BOOT, David	Serpentine Running Club	MSEN	7	117
13	0:41:30	FOWLER, Jamie		M40	4	136
14	0:41:35	WOOD, Rachel		FSEN	2	106
15	0:41:50	WHITE, Matthew	JP Morgan	M40	5	238
16	0:41:51	HOLMES, Zack		MSEN	8	149
17	0:41:54	FERRIER-MAY, Simon		MSEN	9	134
18	0:41:54	WILSON, Trevor	London Heathside	M40	6	242
19	0:42:05	LAWLEY, Kevin		M50	1	166
20	0:42:10	KEANE, Darren		MSEN	10	155
21	0:42:33	KERRANE, James		MSEN	11	159
22	0:42:43	MCDONNELL, Colin		MSEN	12	174
23	0:42:49	FEICHT, Liora		FSEN	3	256
24	0:43:08	RACKHAM, Matthew	Metros	MSEN	13	207
25	0:43:12	BADHAM, Rachel	West Four Harriers	F35	2	46
26	0:43:34	ALLEN, Simon		M40	7	109
27	0:43:37	PARDOE, Karmen		F45	1	82
28	0:43:48	GREIG, Mark	Serpentine Running Club	MSEN	14	141
29	0:43:56	WEEDON, Marcus		M40	8	237
30	0:43:58	MENTZER, Sam		MSEN	15	177
31	0:43:59	PERRINS, Louise	Totley AC	FSEN	4	87
32	0:44:02	PARKER, Barry	Road Runners Club	MSEN	16	197
33	0:44:05	MCKEE, Martin		M50	2	175
34	0:44:13	MARCHANT, Nick		M40	9	171
35	0:44:16	CONCANNON, Kevin	Harrow	M50	3	124
36	0:44:35	WANG, Chen	Serpentine Running Club	MSEN	17	233
37	0:44:41	KELLY, William	Jetstream	M50	4	156
38	0:44:55	PORTER, Rachel	Clapham Chasers	F35	3	88
39	0:44:58	NAGY, Peter	Sudbury Court	MSEN	18	188
40	0:45:13	NORRIS, John	Metros	MSEN	19	38
41	0:45:22	PAULL, Stephen	Metros	M60	1	13
42	0:45:37	WATSON, Tony	Sudbury Court	M50	5	236
43	0:46:03	HEWLETT, Russell	Metros	M40	10	33

Race				Race Category		
Position	Time	Name	Team	Category	Position	Entrant No
44	0:46:07	BEK, Jan		M50	6	112
45	0:46:10	HALL, James		MSEN	20	249
46	0:46:17	MCGRORY, Brian	Metros	M50	7	254
47	0:46:50	VEAL, Alastair		MSEN	21	228
48	0:46:56	HYMNS, Gary	Serpentine Running Club	M50	8	152
49	0:47:12	WOODWARD, Chris		M40	11	244
50	0:47:14	FELSTEAD, Simon		MSEN	22	133
51	0:47:16	LAWLEY, George		MSEN	23	164
52	0:47:25	MILLS, David		MSEN	24	180
53	0:47:31	HALL, Peter	West Four Harriers	M50	9	142
54	0:47:49	KHURSHID, Sajid	Metros	MSEN	25	255
55	0:48:05	CONWAY, Adam		MSEN	26	257
56	0:48:08	HESSION, Martin		M40	12	146
57	0:48:11	BELCHIER, Sarah	Metros	FSEN	5	3
58	0:48:19	LEARY, Adam	Metros	M50	10	35
59	0:48:26	WHITTINGHAM, Jon		MSEN	27	239
60	0:48:42	HUTCHINSON, Stephen		MSEN	28	151
61	0:48:44	DAVIES, Philippa		F45	2	56
62	0:48:52	OWEN, Steve		M40	13	194
63	0:49:22	CRAIG, Oliver		MSEN	29	126
64	0:49:30	ABERY, Simon	Metros	M50	11	24
65	0:49:41	PATEL, Hershil	Metros	MSEN	30	199
66	0:49:44	LAWLEY, Elodie		FSEN	6	72
67	0:49:56	BARROW, Robert		MSEN	31	253
68	0:50:06	ADDAMS, Christopher	Biggleswade	M50	12	107
69	0:50:17	PARRY, Sam		MSEN	32	198
70	0:50:18	NORTON-TAYLOR, Sam		M40	14	190
71	0:50:25	BROWN, Debbie	Hillingdon AC	F35	4	48
72	0:50:33	HARRINGTON, Richard		MSEN	33	144
73	0:50:45	TRAVERS, Mark	St Albans Striders	M50	13	225
74	0:51:11	DAY-LEWIS, Caroline	Metros	F45	3	252
75	0:51:13	JOHN, Alistair	Metros	MSEN	34	34
76	0:51:43	BUCKLAND, James	Metros	M50	14	28
77	0:52:21	PYECROFT, Matt		M40	15	206
78	0:52:22	WALKER, Andrew		MSEN	35	231
79	0:52:28	WILLIAMS, Tarquin		M40	16	241
80	0:52:29	WALLAT, Erik		MSEN	36	232
81	0:52:29	MORGANS, Steven		MSEN	37	183
82	0:52:54	PHILLIPS, Jonathan		MSEN	38	204
83	0:52:55	NOLAN, Barry	Metros	M40	17	37
84	0:53:07	BIRD, James		MSEN	39	114
85	0:53:11	TSUI, Victor	Sudbury Court	MSEN	40	226
86	0:53:30	PATEL, Himesh		MSEN	41	200
87	0:53:46	BEN-DAYAN, David		MSEN	42	113
88	0:53:53	THOMPSON, Dan		MSEN	43	221
89	0:53:58	TELFORD, Eleanor		FSEN	7	99
90	0:53:59	ANDREWS, William		M50	15	110
91	0:54:02	FLETCHER, Marianne		FSEN	8	59

Race Position	Time	Name	Team	Race Category	Category Position	Entrant No
92	0:54:04	KAVANAGH, John	Southwest Road Runners	M50	16	154
93	0:54:31	MULVENNA, Mark	Sudbury Court	M50	17	185
94	0:54:32	DUNNE, Linda	Metros	F45	4	7
95	0:54:34	PRINCE, Louise	Ealing, Southall & Middlesex	F45	5	89
96	0:54:52	BISHOP, Pauline	Metros	F55	1	4
97	0:54:54	MILLER, Yehudah		MSEN	44	179
98	0:54:59	CHI-KEAT, Man		M40	18	169
99	0:55:11	HOO-QUARTEY, Grace		F45	6	67
100	0:55:22	O'REILLY, Louise	Metros	F35	5	15
101	0:55:38	BRETT, Gary		M50	18	119
102	0:55:42	LOUISY, Oliver		M50	19	168
103	0:55:57	O'CALLAGHAN, John		M50	20	191
104	0:56:01	WALERYCH, James	Queens Park Harriers	MSEN	45	229
105	0:56:02	COHEN, Aharon		MSEN	46	123
106	0:56:41	BISSON , Pamela		FSEN	9	47
107	0:56:58	MERCEY, Danielle		F55	2	77
108	0:57:19	HART, Graham	Metros	M60	2	32
109	0:57:20	ABRAHAMS, Elizabeth	Sudbury Court	F45	7	43
110	0:57:21	BISHT, Nagendra	Metros	M40	19	27
111	0:57:25	CONWAY, Bernie	Metros	FSEN	10	5
112	0:57:39	ALLIEU, Mary	Metropolitan Police	F35	6	44
113	0:57:47	CASTELLI, Claudina	Serpentine Running Club	F35	7	50
114	0:57:47	HAMMES, Christo	Serpentine Running Club	MSEN	47	143
115	0:57:59	PATEL, Reenal	Metros	FSEN	11	16
116	0:58:00	MURPHY, John		M60	3	187
117	0:58:09	HUTCHINSON, Colin		M50	21	150
118	0:58:13	KAJKOWSKI, Lisa		F45	8	68
119	0:58:24	DAVIDSON, Sharon	Purple Patch	F35	8	55
120	0:58:31	READDIE, Mustafa	Sudbury Court	M40	20	210
121	0:58:33	GASCOIGNE, Ian		M50	22	139
122	0:58:36	WISDOM, Carole	Serpentine Running Club	F55	3	105
123	0:58:37	PEARCE, Rachel		F35	9	86
124	0:58:41	WALKER, Yvonne	Sudbury Court	F55	4	101
125	0:58:56	DRIZEN, Alex		MSEN	48	129
126	0:59:02	COVINGTON, Holly		FSEN	12	53
127	0:59:05	OHQVIST, Asa		F35	10	80
128	0:59:11	ASHE, John		M60	4	111
129	0:59:17	FUNG, Will		M40	21	137
130	0:59:26	GARRETT, Martin	Sudbury Court	M60	5	138
131	0:59:29	WINTER, Richard		M40	22	247
132	0:59:32	MARSHALL, Timothy		M40	23	172
133	0:59:33	LAWLEY, Jeremy		M50	23	165
134	0:59:40	PARKE, Leeanne		F35	11	83
135	0:59:41	BONDS, Joseph		M50	24	116
136	0:59:46	SWALY, Sapna	Sudbury Court	FSEN	13	97
137	0:59:50	RUDAWSKA, Anna	Thames Valley Harriers	FSEN	14	92

Race				Category			
Position	Time	Name	Team	Category	Position	Entrant No	
138	0:59:58	SCOLLAN, Rita	Sudbury Court	FSEN	15	94	
139	1:00:03	KARAMANI, Katalina		FSEN	16	69	
140	1:00:05	WARREN, Wayne		M60	6	235	
141	1:00:07	EYRE, Nici		F35	12	58	
142	1:00:21	PATEL, Vaishali	Metros	FSEN	17	17	
143	1:00:30	PORTLAND, Keith		M50	25	205	
144	1:00:48	KOPELMAN, Barry		M50	26	162	
145	1:01:10	ST. HELIEN, Colin		M50	27	217	
146	1:01:42	LLOYD, Kellie		F35	13	73	
147	1:01:51	PATEL, Jayna		FSEN	18	85	
148	1:01:53	WIERZBOWSKA, Edyta	West Four Harriers	F35	14	102	
149	1:02:11	ALLEN, Julia	Metros	F45	9	1	
150	1:02:15	RACKHAM, Emma	Metros	FSEN	19	18	
151	1:02:24	RAUF, Rizwan		M40	24	208	
152	1:02:34	FOUCHE, Alexandra	Ealing Eagles	F35	15	60	
153	1:02:36	HOFFMAN, Roderick	British Airways	M50	28	148	
154	1:02:40	STEWART, Sarah		F45	10	96	
155	1:02:51	KNIGHT, Ian	Jetstream	M50	29	161	
156	1:02:59	YOUNG, Sandra	Metros	F45	11	23	
157	1:03:49	HAWKES, Catherine		FSEN	20	64	
158	1:03:51	STUART, Steve		M50	30	218	
159	1:03:51	SAMCZYK, Konrad		MSEN	49	211	
160	1:04:02	JOSHI, Viral		MSEN	50	153	
161	1:04:34	HENEY, Lauren	Hercules Wimbledon	FSEN	21	65	
162	1:04:41	RACKHAM, Judy	Metros	F55	5	19	
163	1:04:48	LORD, Mary	Burnham Joggers	F55	6	74	
164	1:04:58	COOPER, Tara		FSEN	22	52	
165	1:05:25	MUNDEN, Christine		F45	12	78	
166	1:05:35	ROCHFORD, Nicola	Metros	F45	13	20	
167	1:06:10	NEWMAN, Janice	Ealing, Southall & Middlesex	F55	7	79	
168	1:06:10	YORK, Phil	GUIDE	M50	31	246	
169	1:07:22	MORGAN, Gary		M40	25	182	
170	1:07:25	MURPHY, Angela	Metros	F55	8	14	
171	1:07:47	GARDNER, Paul	Metros	M50	32	29	
172	1:08:00	WINTER, Isabelle	Chiltern Harriers	F45	14	248	
173	1:08:22	DONALDSON, Kathleen	Metros	F55	9	6	
174	1:09:09	SCHIRMEISTER, Cordula		F55	10	93	
175	1:09:25	BREEN, Sean	Sudbury Court	M50	33	118	
176	1:09:26	CHAUDHRY, Zahid		M50	34	121	
177	1:09:27	COX, Marcella		F45	15	54	
178	1:09:27	CHAUDHRY, Bina		F35	16	51	
179	1:09:38	GILL, Geraldine	Metros	F45	16	10	
180	1:10:24	PERDIOS, Shaala		F45	17	251	
181	1:10:25	PATEL, Ashroo		F45	18	84	
182	1:10:25	PERDIOS, George		M50	35	250	
183	1:10:51	THORNTON, James	Horsham Joggers	MSEN	51	222	
184	1:10:53	SPOTTI, Titziana	Metros	F55	11	22	

Race				Category		
Position	Time	Name	Team	Category	Position	Entrant No
185	1:11:02	KENT, Stephen		M60	7	158
186	1:11:03	KENT, Philip		M60	8	157
187	1:11:12	REECE, Amanda		F50	23	90
188	1:13:03	HEWLETT, Patricia	Metros	F45	19	11
189	1:13:50	TOBIAS, Peter		M50	52	224
190	1:13:50	ELLIS, Pete		M50	53	131
191	1:13:52	DESTA, Nathalie		F35	17	57
192	1:14:27	MENON, Nandu		M40	26	176
193	1:14:28	GLICKMAN, Arnold	Metros	M60	9	30
194	1:15:55	THOBHANI, Alpa		F35	18	100
195	1:16:00	GAITSKELL, Linda	Metros	F55	12	8
196	1:16:00	ALDER, Steve	GUIDE Metros	M50	36	108
197	1:19:12	WILLIAMS, Barbara		F45	20	104
198	1:24:02	LARMER, Maria		F45	21	71
199	1:24:08	ROGAN, Marion	SWEEP Metros	F55	13	91