

Pos	Time	Name	Club	Gender	Cat	Guest	G Pos	Cat Pos	Total points	Club points
1	00:34:02	Tom Fairbrother	Serpentine Running Club	M	SM	0	1	1	300	300
2	00:35:43	Johnny Suttle	Queens Park Harriers	M	SM	0	2	2	299	299
3	00:36:16	Simon Craddock	Serpentine Running Club	M	SM	0	3	3	298	298
4	00:36:20	Hicham Arafa	Mornington Chasers	M	SM	0	4	4	297	297
5	00:36:38	Russ Hall	Mornington Chasers	M	SM	0	5	5	296	296
6	00:36:53	Cederic Rouveyrol	Serpentine Running Club	M	SM	0	6	6	295	295
7	00:37:47	James Gillanders	Serpentine Running Club	M	SM	0	7	7	294	294
8	00:37:55	Pau Herrero	Serpentine Running Club	M	SM	0	8	8	293	0
9	00:37:58	Jose Manuel Pabon	Ealing Eagles Running Club	M	SM	0	9	9	292	292
10	00:38:01	Peter Holmes	Serpentine Running Club	M	SM	0	10	10	291	0
11	00:38:03	Sam Sutherland	Queens Park Harriers	M	SM	0	11	11	290	290
12	00:38:10	Alexandre Bernigaud	Serpentine Running Club	M	V40	0	12	1	294	294
13	00:38:20	Jeff Bannister	Mornington Chasers	M	SM	0	13	12	288	288
14	00:38:30	Ewan Fryatt	Ealing Eagles Running Club	M	SM	0	14	13	287	287
15	00:38:44	Nicolas Barberis Negra	Serpentine Running Club	M	SM	0	15	14	286	0
16	00:38:58	Tom Easten	Ealing Eagles Running Club	M	SM	0	16	15	285	285
17	00:39:01	Martin Carmack	Serpentine Running Club	M	V45	0	17	1	294	0
18	00:39:13	John Armstrong	Mornington Chasers	M	V40	0	18	2	288	288
19	00:39:29	Stewart Hudson	Queens Park Harriers	M	SM	0	19	16	282	282
20	00:39:35	Salvatore Zappala	Serpentine Running Club	M	V40	0	20	3	286	0
21	00:40:16	Alan Lawrensen	Queens Park Harriers	M	SM	0	21	17	280	280
22	00:40:19	Kemuel Dean Solomon	Serpentine Running Club	M	V50	0	22	1	294	0
23	00:40:37	Nathan Barnard	Queens Park Harriers	M	MU15	0	23	1	278	278
24	00:40:38	Nicholas Stallman	Queens Park Harriers	M	SM	0	24	18	277	0
25	00:40:46	Alex Jeffreys	Serpentine Running Club	M	V40	0	25	4	281	0
26	00:40:53	George Roberts	Ealing Eagles Running Club	M	SM	0	26	19	275	0
27	00:40:56	Christopher Shearwood	Metros	M	V50	0	27	2	289	289
28	00:41:08	Ralph Dadswell	Ealing Eagles Running Club	M	V50	0	28	3	288	288
29	00:41:13	Ben Barker	Mornington Chasers	M	SM	0	29	20	272	272
30	00:41:21	Sasha Birkin	Metros	F	FV40	0	1	1	305	305
31	00:41:38	John Foxall	Ealing Eagles Running Club	M	SM	0	30	21	271	0
32	00:41:40	Colin Overton	Ealing Eagles Running Club	M	SM	0	31	22	270	0
33	00:41:49	Ian Girling	Mornington Chasers	M	SM	0	32	23	269	0
34	00:41:50	John Moscrop	Serpentine Running Club	M	V40	0	33	5	273	0
35	00:41:55	Peter Rees	Metros	M	SM	0	34	24	267	267
36	00:42:19	Kieran Santry	Ealing Eagles Running Club	M	SM	0	35	25	266	0
37	00:42:22	Andrew Roberts	Serpentine Running Club	M	V60	0	36	1	290	0
38	00:42:41	Rob Willin	Ealing Eagles Running Club	M	V55	0	37	1	284	284
39	00:42:42	Jordan Jowett	Ealing Eagles Running Club	M	SM	0	38	26	263	0
40	00:42:44	Fiona Russell	Mornington Chasers	F	FV45	0	2	1	309	309
41	00:42:45	Hope Sloly	Mornington Chasers	F	SL	0	3	1	298	298
42	00:43:03	Chris Lambert	Ealing Eagles Running Club	M	SM	0	39	27	262	0
43	00:43:11	Paul Jordan	Queens Park Harriers	M	SM	0	40	28	261	0
44	00:43:19	Luke Parker	Serpentine Running Club	M	SM	0	41	29	260	0
45	00:43:21	Josh Rollin	Mornington Chasers	M	SM	0	42	30	259	0
46	00:43:25	Andy Allen	Hayes & Harlington Road Runner	M	V40	0	43	6	263	263
47	00:43:27	Harry Claxton	Ealing Eagles Running Club	M	V40	0	44	7	262	0
48	00:43:34	Tanashah Abrahams	Queens Park Harriers	M	SM	0	45	31	256	0
49	00:43:37	Mark Kell	Serpentine Running Club	M	SM	0	46	32	255	0
50	00:43:38	Paul Murphy	Ealing Eagles Running Club	M	V40	0	47	8	259	0
51	00:43:39	Richard Etenfield	Queens Park Harriers	M	SM	0	48	33	253	0
52	00:43:39	Mitesh Patel	Metros	M	SM	0	49	34	252	252
53	00:43:52	Kerstin Luksch	Ealing Eagles Running Club	F	FV35	0	4	1	297	297
54	00:43:56	Jennifer Watt	Ealing Eagles Running Club	F	FV45	0	5	2	306	306
55	00:43:59	Fatmir Sulmataj	Metros	M	SM	0	50	35	251	251
56	00:44:01	Tony Watson	Sudbury Court	M	V55	0	51	2	270	270
57	00:44:10	Frank Doyle	Ealing Eagles Running Club	M	SM	0	52	36	249	0
58	00:44:23	Simon Hardy	Ealing Eagles Running Club	M	SM	0	53	37	248	0
59	00:44:25	Jack Nisbet	Hayes & Harlington Road Runner	M	V50	0	54	4	262	262
60	00:44:25	Gary Nisbet	Hayes & Harlington Road Runner	M	SM	0	55	38	246	246
61	00:44:26	David Heathcote	Sudbury Court	M	SM	0	56	39	245	245
62	00:44:38	Rebecca Jackson	Ealing Eagles Running Club	F	SL	0	6	2	295	295
63	00:44:43	Steve Paull	Metros	M	V60	0	57	2	269	269
64	00:44:46	Jane Nodder	Serpentine Running Club	F	FV55	0	7	1	314	314
65	00:44:47	Emma Hayward	Mornington Chasers	F	SL	0	8	3	293	293
66	00:44:49	David Smith	Serpentine Running Club	M	V55	0	58	3	263	0
67	00:44:51	Steve Crowley	Mornington Chasers	M	V45	GUEST	59	2	0	0
68	00:44:54	Mansour Radjabi	Mornington Chasers	M	V55	0	60	4	261	0
69	00:45:14	Nathan Sutton	Hayes & Harlington Road Runner	M	SM	0	61	40	240	240
70	00:45:15	Michael Morris	Metros	M	V45	0	62	3	249	0
71	00:45:32	Daniel Levy	Queens Park Harriers	M	V60	0	63	3	263	0
72	00:45:33	Peter Mackintosh	Serpentine Running Club	M	SM	0	64	41	237	0
73	00:45:36	Mike Duff	Ealing Eagles Running Club	M	V40	0	65	9	241	0
74	00:45:41	Claire Morris	Ealing Eagles Running Club	F	FV35	0	9	2	292	292
75	00:45:53	Vinh Lam	Serpentine Running Club	M	SM	0	10	3	291	291
76	00:45:56	Gregor Rapprich	Serpentine Running Club	M	V40	0	66	10	240	0
77	00:46:11	William Watt	Mornington Chasers	M	V40	0	67	11	239	0
78	00:46:22	Maria Fitzgerald	Ealing Eagles Running Club	F	FV35	0	11	4	290	0
79	00:46:31	Jonathan Horan	Hayes & Harlington Road Runner	M	SM	0	68	42	233	233
80	00:46:33	Yvonne Linney	Ealing Eagles Running Club	F	FV40	0	12	2	294	294
81	00:46:40	Ian Johnson	Serpentine Running Club	M	V45	0	69	4	242	0
82	00:46:42	Victor Tsui	Sudbury Court	M	SM	0	70	43	231	231
83	00:46:54	Ronan Moriarty	Ealing Eagles Running Club	M	V40	0	71	12	235	0
84	00:47:01	Steven Major	Serpentine Running Club	M	V50	0	72	5	244	0
85	00:47:04	David Carlin	Ealing Eagles Running Club	M	V50	0	73	6	243	0

86	00:47:19	Stuart Mitchell	Ealing Eagles Running Club	M	V50	0	74	7	242	0
87	00:47:41	Gary Homewood	Mornington Chasers	M	V50	0	75	8	241	0
88	00:48:01	Kath Beesley	Ealing Eagles Running Club	F	FV35	0	13	5	288	0
89	00:48:08	Warwick John Fahy	Ealing Eagles Running Club	M	V40	0	76	13	230	0
90	00:48:09	Alex Renton	Mornington Chasers	M	SM	0	77	44	224	0
91	00:48:25	Alan Knott	Ealing Eagles Running Club	M	SM	0	78	45	223	0
92	00:48:28	Paul Roberts	Ealing Eagles Running Club	M	V55	0	79	5	242	0
93	00:48:32	Andy Mahony	Ealing Eagles Running Club	M	V45	0	80	5	231	0
94	00:48:33	Kathryn Harrington	Queens Park Harriers	F	FV35	0	14	6	287	287
95	00:48:35	Paul Robinson	Ealing Eagles Running Club	M	V60	0	81	4	245	0
96	00:48:39	Martin Garrett	Sudbury Court	M	V60	0	82	5	244	244
97	00:48:41	Hans Ho	Serpentine Running Club	M	SM	0	83	46	218	0
98	00:48:42	David Mullany	Dulwich Park Runners	M	V55	0	84	6	237	237
99	00:48:44	Theodore Chen	Serpentine Running Club	M	V40	0	85	14	221	0
100	00:48:46	James de Vivenot	Ealing Eagles Running Club	M	V40	0	86	15	220	0
101	00:48:56	Neil Enskat	Ealing Eagles Running Club	M	V45	0	87	6	224	0
102	00:48:56	Carole Sanderson	Ealing Eagles Running Club	F	SL	0	15	4	286	0
103	00:49:18	Siobhan Wakeley	Serpentine Running Club	F	FV35	0	16	7	285	285
104	00:49:18	David Bone	Ealing Eagles Running Club	M	V50	0	88	9	228	0
105	00:49:21	Sarah Belchier	Metros	F	SL	0	17	5	284	284
106	00:49:23	Tom Poynton	Serpentine Running Club	M	V40	0	89	16	217	0
107	00:49:23	Olivier Aufrant	Serpentine Running Club	M	SM	0	90	47	211	0
108	00:49:25	Henry Dadswell	Ealing Eagles Running Club	M	MU15	0	91	2	210	0
109	00:49:37	Jennifer Bushell	Ealing Eagles Running Club	F	SL	0	18	6	283	0
110	00:49:39	Maki Kimura	Mornington Chasers	F	FV45	0	19	3	292	292
111	00:49:42	Georg Isola	Mornington Chasers	M	SM	0	92	48	209	0
112	00:49:44	Eamon Byrne	Mornington Chasers	M	V50	0	93	10	223	0
113	00:50:02	Alice Sullivan	Mornington Chasers	F	FV40	0	20	3	286	286
114	00:50:04	Alban Millas	Queens Park Harriers	M	V40	0	94	17	212	0
115	00:50:27	Charles Tatham	Queens Park Harriers	M	V50	0	95	11	221	0
116	00:50:39	Coralie Frost	Serpentine Running Club	F	SL	0	21	7	280	280
117	00:50:51	John Nodder	Serpentine Running Club	M	V55	0	96	7	225	0
118	00:51:04	Jean-Luc Hoez	Serpentine Running Club	M	V55	0	97	8	224	0
119	00:51:06	Pamela Taylor	Serpentine Running Club	F	FV35	0	22	8	279	279
120	00:51:07	Charles Marks	Sudbury Court (Guest)	M	SM	GUEST	98	49	0	0
121	00:51:15	Jim Buckland	Metros	M	V50	0	99	12	217	0
122	00:51:18	Lorraine Hill	Ealing Eagles Running Club	F	FV45	0	23	4	288	0
123	00:51:35	Jenny Baker	Ealing Eagles Running Club	F	FV50	0	24	1	292	0
124	00:51:48	Peter Higgins	Sudbury Court	M	SM	0	100	50	201	0
125	00:51:50	Liz Abrahams	Sudbury Court	F	FV50	0	25	2	291	291
126	00:52:04	Sue Park	Ealing Eagles Running Club	F	FV50	0	26	3	290	0
127	00:52:07	Leah Buckland	Metros	F	SL	0	27	8	274	274
128	00:52:26	Diane Morrison	Mornington Chasers	F	FV45	0	28	5	283	0
129	00:52:32	Natalia Delfino	Serpentine Running Club	F	FV35	0	29	9	272	272
130	00:52:34	Chiara Muston	Serpentine Running Club	F	FV35	0	30	10	271	0
131	00:53:00	John Barry	Ealing Eagles Running Club	M	V50	0	101	13	215	0
132	00:53:02	Phoebe Canatacuzino	Queens Park Harriers	F	SL	0	31	9	270	270
133	00:53:13	Danielle Howe	Queens Park Harriers	F	SL	0	32	10	269	0
134	00:53:24	Anne Sampson	Ealing Eagles Running Club	F	FV45	0	33	6	278	0
135	00:53:24	Cynthia Ong	Sudbury Court (Guest)	F	FV35	GUEST	34	11	0	0
136	00:53:25	Nicola Englishby	Queens Park Harriers	F	FV40	0	35	4	271	271
137	00:53:32	Jess Hood	Ealing Eagles Running Club	F	SL	0	36	11	265	0
138	00:53:40	Susan Smith	Dulwich Park Runners	F	FV60	0	37	1	289	289
139	00:53:43	Di Suter	Dulwich Park Runners	F	FV50	0	38	4	278	278
140	00:53:44	Barry Nolan	Metros	M	V45	0	102	7	209	0
141	00:53:45	Clare Dunne	Dulwich Park Runners	F	FV40	0	39	5	267	267
142	00:53:50	Susan Kennedy	Queens Park Harriers	F	FV50	0	40	5	276	276
143	00:53:54	Mark Mulvenna	Sudbury Court	M	V50	0	103	14	213	213
144	00:54:00	Paul Roche	Sudbury Court (Guest)	M	SM	GUEST	104	51	0	0
145	00:54:02	Amanda Martin	Queens Park Harriers	F	FV50	0	41	6	275	275
146	00:54:04	James Walerych	Queens Park Harriers	M	SM	0	105	52	196	0
147	00:54:30	Peter Jose	Metros	M	V65	0	106	1	225	0
149	00:54:49	Grainne Devery	Ealing Eagles Running Club	F	SL	0	42	12	259	0
150	00:54:56	Griff Welton	Serpentine Running Club	M	V45	0	107	8	204	0
151	00:54:59	Gill Morgan	Guest (ESM)	F	FV55	GUEST	43	2	0	0
152	00:55:00	Louise Hinchelwood	Queens Park Harriers	F	FV45	0	44	7	267	0
153	00:55:01	Emma Jones	Queens Park Harriers	F	SL	0	45	13	256	0
154	00:55:14	Jo Braine	Queens Park Harriers	F	SL	0	46	14	255	0
155	00:55:19	Heidi Vickery	Ealing Eagles Running Club	F	FV35	0	47	12	254	0
156	00:55:33	Emma Dyer	Dulwich Park Runners	F	SL	0	48	15	253	253
157	00:55:43	Natalie Hall	Queens Park Harriers	F	FV40	0	49	6	257	0
158	00:56:07	Lisa Rickwood	Serpentine Running Club	F	SL	0	50	16	251	0
159	00:56:08	Gertrud Porter	Metros	F	FV65	0	51	1	280	280
160	00:56:18	Gareth Hepworth	Dulwich Park Runners	M	V45	0	108	9	203	203
161	00:57:11	Jane Hudson	Metros	F	FV55	0	52	3	269	0
162	00:57:32	Andrea Hendy	Ealing Eagles Running Club	F	FV50	0	53	7	263	0
163	00:57:46	Yvonne Walker	Sudbury Court	F	FV55	0	54	4	267	267
164	00:57:55	Gloria Beyer	Serpentine Running Club	F	FV45	0	55	8	256	0
165	00:58:20	Ian Fernandez	Dulwich Park Runners	M	V45	0	109	10	202	202
166	00:58:29	Rafaele Lamour	Mornington Chasers	F	FV40	0	56	7	250	0
167	00:58:33	Bobby Howe	Mornington Chasers	M	V70	0	110	1	226	0
168	00:58:39	Nicola Kerr	Serpentine Running Club	F	FV40	0	57	8	249	0
169	00:58:44	Thim Engel	Ealing Eagles Running Club	M	V60	0	111	6	215	0
170	00:58:59	Patricia Brady	Ealing Eagles Running Club	F	FV45	0	58	9	253	0
171	00:59:30	Lisa Emerson	Ealing Eagles Running Club	F	FV45	0	59	10	252	0
172	00:59:34	Marion Rogan	Metros	F	FV65	0	60	2	271	271

173	00:59:36	Antonio Madrid	Ealing Eagles Running Club	M	V40	0	112	18	194	0
174	00:59:38	Paula McMahon	Dulwich Park Runners	F	FV45	0	61	11	250	0
175	00:59:46	Angela Usange	Sudbury Court	F	FV35	0	62	13	239	239
176	00:59:55	Peter Torre	Mornington Chasers	M	V70	0	113	2	223	0
177	00:59:57	Linda Griffiths	Dulwich Park Runners	F	FV50	0	63	8	253	253
178	01:00:03	Ruth Tidder	Metros	F	FV45	0	64	12	247	0
179	01:00:16	Angela Duff	Ealing Eagles Running Club	F	SL	0	65	17	236	0
180	01:00:24	Heather Welham	Serpentine Running Club	F	SL	0	66	18	235	0
181	01:00:33	Claire Millbery	Metros	F	FV40	0	67	9	239	0
182	01:00:46	Deb Biswas	Serpentine Running Club	M	SM	0	114	53	187	0
183	01:00:56	Michael Limpert	Ealing Eagles Running Club	M	V55	0	115	9	206	0
184	01:01:15	John Shaw	Hayes & Harlington Road Runner	M	V65	0	116	2	215	0
185	01:01:18	Kay Bennett	Sudbury Court	F	FV35	0	68	14	233	233
186	01:01:21	John Walerych	Queens Park Harriers	M	V55	0	117	10	204	0
187	01:02:16	Jane Wright	Ealing Eagles Running Club	F	FV55	0	69	5	252	0
188	01:03:18	Paula Jordan	Dulwich Park Runners	F	FV50	0	70	9	246	0
189	01:03:18	Claire Geen	Dulwich Park Runners	F	FV35	0	71	15	230	0
190	01:05:16	Irene Paull	Metros	F	FV55	0	72	6	249	0
191	01:05:29	Sonja Knoll	Ealing Eagles Running Club	F	SL	0	73	19	228	0
192	01:05:58	Alice Ettenfield	Queens Park Harriers	F	SL	0	74	20	227	0
193	01:06:00	Steven Bryant	Ealing Eagles Running Club	M	SM	GUEST	118	54	0	0
194	01:06:24	Clare Lynch	Dulwich Park Runners	F	FV35	0	75	16	226	0
195	01:07:02	Anna Bettiss	Dulwich Park Runners	F	SL	0	76	21	225	0
196	01:07:09	Andrew Collier	Metros	M	V50	0	119	15	197	0
197	01:08:33	Tiziana Spotti	Metros	F	FV55	0	77	7	244	0
198	01:11:17	William O'Connor	Queens Park Harriers	M	V70	0	120	3	216	0
199	01:14:35	Ann Ambrose	Metros	F	FV55	0	78	8	243	0
200	01:15:17	Emma Davidson	Dulwich Park Runners	F	FV50	0	79	10	237	0
201	01:15:18	Juliet Shillingford	Dulwich Park Runners	F	FV55	0	80	9	241	0
202	01:15:18	Tabitha Lewis	Dulwich Park Runners	F	FV45	0	81	13	230	0
203	01:16:13	Joseph Mestrallet	Queens Park Harriers	M	SM	0	121	55	180	0
204	01:21:56	Claire Moffat	Dulwich Park Runners	F	FV40	0	82	10	224	0
205	01:24:20	John Grigg	Mornington Chasers	M	V80	0	122	1	224	0
206	01:28:25	Lesley Young	Dulwich Park Runners	F	FV60	0	83	2	243	0