

10K Challenge – 7th April 2018

Barbara Reading	F	62:31	74.19%
Dave Young	M	47:09	72.71%
Andy Fox	M	44:12	71.76%
Caroline Day-Lewis	F	50:49	68.45%
Mike Morris	M	47:54	64.61%
Simon Abery	M	48:58	64.24%
Jo Payne	F	49:14	64.05%
Alison Teale	F	51:33	62.59%
Ceri Jacob	F	58:07	62.20%
Mike Ransome	M	58:07	61.77%
Mitesh Patel	M	43:55	61.62%
Ruth Tidder	F	54:48	61.22%
Carol Lloyd	F	66:52	60.32%
Julia Allen	F	60:47	57.23%
Karen Leary	F	63:46	55.25%
Julie Smith	F	69:16	52.19%
Geraldine Gill	F	69:34	50.65%
Mike Reid	M	67:21	48.30%
Shefali Rao	F	64:22	47.93%
Rhonda Tapley	F	70:05	47.87%
James Jacob?	M	63:07	42.54%

A low turnout for this quarters 10K Challenge, with many regulars running Marathons in Bournemouth or Rotterdam or preparing for Brighton or London. Welcome to James Jacob and Jo Payne competing for the first time. Congratulations to Geraldine Gill, Andy Fox, Julie Smith Ruth Tidder and Karen Leary for moving up a colour in the rainbow.