

Wot no Watch – Saturday 14th April 2018

	Predicted	Actual	Difference	
Glyn Watkins	07:30	07:29.17	1	0.83
Errol Clarke	08:20	08:19.04	1	0.96
Mike Morris	07:45	07:46.67	1	1.67
Nancy Morris	08:45	08:43.80	2	
Heather Titus	10:00	10:02.68	2	
Andy Fox	06:06	06:08.20	2	
Dave Young	07:10	07:13.49	3	
Janice Newman/Ceri				
Jacob	09:02	08:59.12	3	
Maxwell Smith	07:30	07:26.39	4	
Simon Abery	06:20	06:25.58	5	
Pauline Bishop	08:00	08:07.33	7	
Jo Collier	09:30	09:22.00	8	
Steph White	11:00	09:52.99	8	
Karen Leary	08:35	08:43.20	8	
Angela Murphy	09:40	09:50.36	10	
Janice Newman/Ceri				
Jacob	09:01	09:12.94	11	
Mitel Matthews	06:30	06:15.23	15	
Sarah Westwood	09:59	10:15.58	16	
Anne Ambrose	09:30	09:47.39	17	
Helen Simons	10:32	09:54.90	22	
Carole Wells	09:49	09:27.82	22	
Mark Lemon	08:40	09:06.50	26	
Julie Smith	09:20	09:48.68	28	
Diane O'Reilly	10:00	09:30.86	30	
Sarah Westwood	10:38	10:06.11	32	
Mike Reid	09:10	08:36.80	34	
Terry Smith	07:30	06:56.58	34	
Adam Leary	07:15	06:34.58	41	
Carole Wells	09:49	08:58.18	51	
Linda Gaitskill/Steve Alder	10:30	11:24.58	54	
Pauline Bishop	08:00	08:59.90	59	
Sasha Ryan	09:00	08:01.83	59	
Colin Jackson	12:00	13:13.88	73	
Tiziana Spotti	09:45	10:58.30	73	
Robyn Walliser	09:30	08:09.05	81	
Tiziana Spotti	09:45	11:10.74	85	
Liz Wordsworth	10:00	08:08.11	112	
Gill Fox		10:14.00		

36 competitors took part in the Wot no Watch on Saturday 14th April – Hopefully an inspiring sight to the Couch to 5K runners who started their odyssey on the same day. It was good to see many of last year's C25K participants either taking part in the event or helping lead the new group around the park.

Congratulations to Glyn Watkins for winning the trophy for the first time and commiserations to Errol Clarke and Mike Morris who were also very close. Special mention to Maxwell Smith (Junior) for running the event for the first time and only being 3 seconds too fast.

Teresa Young