Harrow Hill 10K Course Records

Male Junior	George Lawley	41:46	2015
Male Senior	Alexander Bampton	34:32	2019
MV40	Ralph Dadswell	38:49	2018
MV50	Nigel Rackham	36:52	2017
MV60	Kevin Concannon	44:03	2018

Female Senior	Lucy Ashe	38:23	2017
FV35	Emily Antcliffe	39:33	2016
FV45	Karmen Pardoe	42:07	2015
FV55	Sue Park	51:57	2018
FV40			
FV50			
FV60			